



Dyscalculia Self-Test

Instructions: For each statement, indicate the extent to which it applies to you:

- 1 – Strongly Disagree
- 2 – Disagree
- 3 – Neutral
- 4 – Agree
- 5 – Strongly Agree

| No. | Questions | 1 | 2 | 3 | 4 | 5 |
|-----|--|---|---|---|---|---|
| 1 | I find it difficult to memorize basic arithmetic facts (e.g., multiplication tables). | | | | | |
| 2 | Calculating change or handling money in everyday situations (e.g., at the grocery store) is challenging for me. | | | | | |
| 3 | I often transpose numbers or digits when writing or reading them (e.g., confusing 25 with 52). | | | | | |
| 4 | Understanding mathematical concepts, such as fractions, decimals, or percentages, is difficult for me. | | | | | |
| 5 | I struggle with spatial reasoning tasks, such as mentally rotating objects or understanding spatial relationships. | | | | | |
| 6 | I find it challenging to follow mathematical procedures or steps in problem-solving. | | | | | |
| 7 | When faced with a math problem, I often feel anxious or frustrated. | | | | | |
| 8 | I struggle with remembering mathematical formulas or equations. | | | | | |
| 9 | I have difficulty with mental math calculations, even for simple arithmetic. | | | | | |
| 10 | When working with numbers, I often lose track of where I am or what step I should take next. | | | | | |



Score Interpretation:

Total your scores for all items. Higher scores indicate a higher likelihood of experiencing difficulties associated with Dyscalculia.

- **10-20:** Your responses suggest that you may have minimal to no difficulties with mathematics, indicating a lower likelihood of Dyscalculia.
- **21-30:** You may experience occasional challenges with mathematics, but they may not be severe enough to indicate Dyscalculia.
- **31-40:** Your responses indicate that you may experience moderate challenges with mathematics, which could be indicative of Dyscalculia. Seeking a formal assessment from a qualified professional is recommended.
- **41-50:** Your answers suggest that you may experience significant difficulties with mathematics, which could be consistent with Dyscalculia. Consulting with a healthcare professional or educational specialist for a formal evaluation and appropriate support is recommended.

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