



Developmental Language Disorder (DLD) Self Test

Instructions: Read each statement and select the option that best describes you or your child's experiences. Be honest in your responses. This test is not a diagnosis but can provide insights into potential language development concerns.

1. Understanding Spoken Instructions:

- a) I have no trouble understanding spoken instructions.
- b) I sometimes need things repeated to fully understand them.
- c) I often have difficulty understanding spoken instructions.

2. Vocabulary:

- a) I have a wide range of vocabulary and can easily find the right words to express myself.
- b) I sometimes struggle to find the right words to express myself.
- c) I frequently struggle to find the right words to express myself.

3. Grammar:

- a) My grammar is typically correct and age-appropriate.
- b) I occasionally make grammatical errors when speaking or writing.
- c) I frequently make grammatical errors when speaking or writing.

4. Social Communication:

- a) I have no trouble engaging in conversations and understanding social cues.
- b) I sometimes struggle with social communication and understanding social cues.
- c) I often struggle with social communication and understanding social cues.

5. Reading Comprehension:

- a) I can easily understand what I read.
- b) I sometimes struggle to understand what I read.
- c) I often struggle to understand what I read.



6. Written Expression:

- a) I can express myself clearly in writing.
- b) I sometimes struggle to express myself clearly in writing.
- c) I often struggle to express myself clearly in writing.

7. Following Conversations:

- a) I have no trouble following conversations, even when they're complex.
- b) I sometimes lose track of conversations or miss important details.
- c) I often lose track of conversations or miss important details.

8. Word Finding Difficulty:

- a) I rarely have trouble finding the right words when speaking or writing.
- b) I sometimes have trouble finding the right words when speaking or writing.
- c) I frequently have trouble finding the right words when speaking or writing.

9. Memory Recall:

- a) I have no trouble remembering information and details.
- b) I sometimes struggle to remember information and details.
- c) I often struggle to remember information and details.

10. Understanding Figurative Language:

- a) I have no trouble understanding figurative language like metaphors or idioms.
- b) I sometimes struggle to understand figurative language.
- c) I often struggle to understand figurative language.



Scoring Guide:

- For each "a" response, assign 0 points.
- For each "b" response, assign 1 point.
- For each "c" response, assign 2 points.

Interpretation:

- **0-10 points:** Low risk of Developmental Language Disorder (DLD).
- **11-20 points:** Moderate risk of DLD. Consider seeking further evaluation from a qualified professional.
- **21-30 points:** High risk of DLD. It's advisable to seek evaluation and support from a speech-language pathologist or other specialist.

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