



Schizophrenia Screening Quiz

Please note: This test will only be scored correctly if you answer each one of the questions.

1. I have trouble speaking the words I want to say, or I am able to speak but other people have told me that what I say is incoherent.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

2. I see or hear things that other people cannot see or hear.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

3. I have had the experience of being completely unable to speak.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

4. I sometimes have trouble distinguishing whether something I experience or perceive may be real or may only be part of my imagination or my dreams.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely



5. I have heard two or more voices conversing with one another in voices that other people would not be able to hear.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

6. I think other people can sometimes read my mind, or I can read other's minds.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

7. I sometimes find that something interrupts or controls my thoughts, feelings, or actions.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

8. I believe that someone may be planning to cause me harm, or may be about to cause me harm in the near future.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

9. I believe I have special or supernatural gifts beyond my natural talents.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely



10. I sometimes feel completely unresponsive emotionally, as if I don't feel anything.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

11. I have heard one or more people mumbling or talking about my behaviour or my thoughts in voices that other people would not be able to hear.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

12. I have difficulty getting myself organised to complete any kind of daily activity.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

13. I think I may be able to predict what will happen in the future.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely



14. As a result of starting to have some of the experiences listed above, I have experienced significant problems with work, my relationships or social activities, or my ability to look after myself.

- No, not at all
- Yes, slightly
- Yes, somewhat or moderately
- Yes, definitely

15. Some of the experiences listed above may have been due to my having used alcohol or drugs or taken prescription medications which I have been advised may alter my mood or behaviour.

- No
- Yes

16. I have been diagnosed with a medical condition which I have been advised may affect my mood or behaviour.

- No
- Yes

17. I have previously been diagnosed with a mental disorder that I have been told might account for the types of experiences above, or I believe that I may be experiencing such a disorder. This might include Schizoaffective Disorder and Mood Disorder With Psychotic Features, as well as Autistic Disorder or another Pervasive Developmental Disorder.

- No
- Yes

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