

Weekly Blood Sugar Log

Name: _____

Date: _____

Date:	Breakfast	Snack	Lunch	Snack	Dinner	Snack	Bedtime	Night	Notes
Blood Sugar									
Insulin Dose									
Grams Carb									
Activity									

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Chart downloaded from CareClinic.io/
Get the mobile App and track your blood sugar and nutrition with ease by going to: <https://careclinic.app.link/forms>

